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R
 REYNOLDS
 ASSOCIATES

personalbest
 RUNNING AND FITNESS FOR ALL LEVELS
 www.pbrunning.co.uk

ST AUSTELL HALF MARATHON
and 6 MILE (approx) MULTI-TERRAIN RACE

StAustellVoice

Organised by
ST AUSTELL RUNNING CLUB



GEOFF BATE
 PLUMBING AND HEATING

Principal Sponsor: MINEAR ENGINEERING



chase templeton
 insurance know-how

Sunday 22nd May 2011



Start 10.30 a.m.

Under U.K. Athletics Rules (Race Licence Number : 2011 - 101883)



ECO-BOS
 creating sustainable communities

1 MILE FUN RUN
 Start 9.15 a.m.



realbuzz
 runbritain.com

Tregorrick Park, St Austell (Rugby Club)



ST. AUSTELL
RUNNING CLUB
 CORNWALL



STAUSTELL
 EST. BREWERY 1851

Half Marathon Prize List
1st Male (£50) and 1st Female (£50)

- 1st 3 Male Under 20 & 40, 1st 3 Male Vet 40, 45, 50, 55, 60, 65, 70
- 1st 3 Female Under 20 & 35, 1st 3 Female Vet 35, 40, 45, 50, 55, 60, 65
- 1st 4 Male Teams (6 to count) and 1st 4 Female Teams (6 to count)



eden project Marathon
 09.10.11

6 Mile Prize List
1st, 2nd and 3rd Male and Female
Entry Limited to 200 in the 6 Mile Race



IMERYS

Quality Memento and Goody Bag to all finishers in both races

Race Numbers sponsored by Personal Best Running & Fitness, St Austell

Isotonic Sports Drink supplied by SIS Sport



SIS
 SCIENCE IN SPORT



Amicus Therapy

Pre and Post race Massage provided by Amicus Therapy

FIRST NAME.....SURNAME.....
ADDRESS.....POST CODE.....
PHONE.....E-MAIL ADDRESS.....
DATE OF BIRTH.....AGE ON DAY.....MALE/FEMALE.....
AFFILIATED : YES/NO..... U.K.A. RACE LICENCE NUMBER.....
RUNNING CLUB.....

DATA PROTECTION : The information provided by you on this form will be used solely for the purpose of race results, and identification for health and safety reasons. The information will only be available to members of the results team and appropriate race officials, and will not be passed to any other person or agency.

DECLARATION : I understand that while the organisers make every effort to ensure my personal safety, they will not be responsible for any injury, loss or damage incurred by me during the race.

I am over 15 years of age (6 Mile) or 17 years of age (Half Marathon)

Signed.....Date.....

Please return completed entry form to : 'St Austell Half Marathon'
c/o Personal Best Running, 20 Beach Road, Carlton Bay, St Austell. PL25 3PH
e-mail entries to andy@pbrunning.co.uk

Race Entry Fees

Half Marathon : £12.00 Discounted Fee to Affiliated Runners
 £14.00 Unaffiliated Runners

6 Mile : (entry limited to 200) £7.00 Discounted Fee to Affiliated Runners
 £9.00 Unaffiliated Runners

Entries on the day will incur an additional £2 charge
Please make cheques payable to St Austell Running Club
Race Numbers can only be collected at Registration

Race Enquiries : pauldbullock@btinternet.com or 01726 61462

For Race Results : www.staustellrunningclub.co.uk

ST JOHN AMBULANCE IN ATTENDANCE

THE USE OF I'PODS, MP3 PLAYERS etc, WILL NOT BE PERMITTED

Special thanks to St Austell Rugby Club and Tregorrick Park YFC for the use of their facilities

Welcome to...

SaintsRugby.net

St Austell RFC, Cornwall

